Introducing parkwalk at parkrun

Every Saturday at **Sandall Park, Doncaster** Starting on **Saturday 15th April 2023** at **9.00am**

(f) ()



Visit www.parkrun.org.uk/sandallpark

Walking is a great way of getting the opportunity to chat to people, being active, and is something that whole families or friendship groups can do together, and it's free.

A great first step towards a healthier and happier lifestyle.











City of Doncaster Council

Get in touch and find out more at:

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- sandallparkrun y

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Alternatively visit;

- www.parkrun.org.uk/sandallpark
- sandallpark@parkrun.com